

**PCAFO-LAT / PCAFO-MED -
Promedics Carbon AFO
Lateral / Medial**

EN ANKLE/FOOT ORTHOSIS

DE FUßGELENK-/FUßORTHESE

FR ORTHÈSE DE CHEVILLE/PIED

ES ORTESIS DE TOBILLO/PIE

IT ORTESI DI CAVIGLIA/PIEDE

NL ENKEL-/VOETORTHESE

DK ANKEL-/FODORTOSE

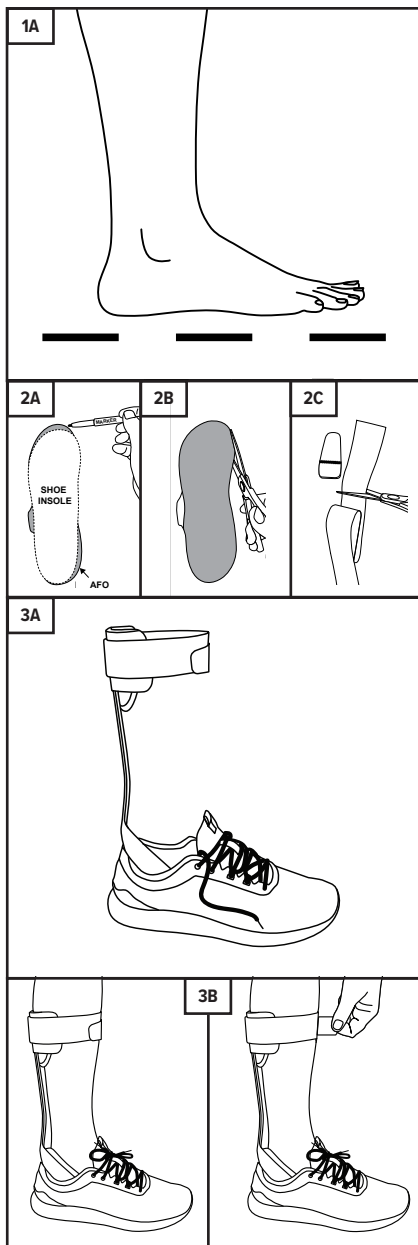
FI NILKKA-JALKATERÄORTOOSI

SE ORTOS, FOT/FOTLED

NO ORTOSE, ANKEL/FOT

PL ORTEZA GOLEŃ/STOPA

GR ΝΑΡΘΗΚΑΣ ΑΣΤΡΑΓΑΛΟΥ/ΠΟΔΙΟΥ



ENGLISH

Product Description

Ankle foot orthoses designed to supply support to your foot and ankle, whether you have damaged nerves or muscles that have temporarily affected your ability to lift your foot or you have a chronic condition that causes foot drop.

Usage Information (See diagram)

1A. To identify the appropriate AFO size, measure the length of the foot and choose the orthosis based on the measurement.

Size	UK Shoe Size	Length Tolerance (+/-2mm)
Small	3 - 5.5	253mm
Medium	5.5 - 8	275mm
Large	8 - 10	293mm
X-Large	10 - 12	300mm

2A. Mark the footplate to the appropriate size. If removable, use the insole from the shoe to be fitted and trace.

2B. Use scissors to trim away excess material. Use sandpaper to smooth edges.

2C. To trim the straps, remove the tab from the strap. Trim to the desired length and reapply the tab.

3A. Remove the insole and from the shoe of the side to be fitted. Insert the orthosis and replace the insole.

3B. Open the straps and apply the orthosis with the shoe. Close the straps.

Indications for Use

- Foot drop pathology caused by various reasons (trauma, nerve damage, stroke, apoplexy, multiple sclerosis, myopathy etc.)
- Impaired movement.
- Impaired ability to maintain body posture or balance.
- Spastic paralysis.
- Foot and calf extensors after operation.
- Ankle arthritis.

Contraindications

- Do not use over open wounds.
- Any known allergy and/or hypersensitivity to any material listed in product composition.
- Severe deformities of the foot or ankle.
- Acute oedema.
- Contracture of the anterior or posterior tibial muscles, which cannot be compensated for by the orthosis.
- High degree varicose veins.

Warnings and Precautions

We recommend the initial fitting of this device be conducted by a suitably qualified healthcare professional who will advise the period of use.

- Carefully read all instructions and warnings prior to use.
- Follow all instructions to ensure proper performance of the device.
- Do not use if liniments, ointments, gels, creams or any other substances have been applied to the affected area.
- Do not re-use for another patient, doing so risks cross infection and can compromise product integrity.
- Perform regular skin and circulation checks, especially patients with diabetes, vascular deficiencies and neurological conditions.
- Should any adverse reactions occur, please cease use and contact your healthcare professional or provider of this product.
- The durability of the device may be compromised by certain factors, e.g., objects with sharp edges or damage to the hook and loop fasteners. To prevent this the hook and loop fasteners should always be fastened when the device is not being worn or when being washed.

Washing and Care Instructions

1. Hand wash brace in cool water using mild detergent.
2. Rinse and dry flat.
3. Do not spin or tumble dry.
4. Do not use fabric conditioner at any time.
5. Check for any degradation that may affect use.

Storage and Transport Conditions

Store in a cool, dry place out of direct sunlight, in the original packaging.

Recycling and Disposal

Packaging and constituent parts should be recycled or safely disposed in accordance with local or national laws.

Serious Incident

Report any serious incident to the manufacturer and the competent authority of the EU Member state, or country in which you reside.

MD MEDICAL DEVICE

1 SINGLE PATIENT - MULTIPLE USE

CAUTION



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